

## Breakfast

Full Crew; two sausages, two rashers of bacon, tomato, fried egg, baked beans, toast & butter 12.00  
 add black pudding 1.00  
 add hash brown 1.00  
 add mushrooms 1.50

Veggie full crew; two vegetable sausages, tomato, fried egg, baked beans, mushrooms, hash brown, toast & butter 11.00  
 add spinach 2.00  
 add smashed avocado 3.00

Simple crew; one sausage, two rashers of bacon, fried egg 8.00

Kippers, brown bread & butter 9.50

Beans on toast 7.00

Peanut butter & banana on toast 4.50

Toast, marmite, marmalade, jam or honey 4.00

Smashed avocado & poached eggs on toast, chilli flakes, salsa verde 10.50  
 add smoked salmon 3.00  
 add bacon 2.50

Eggs on toast; scrambled, poached or fried 7.00  
 add bacon 2.50  
 add smoked salmon 3.00

Breakfast in bread; bacon, sausage or egg butty 5.25  
 add bacon 2.50  
 add sausage 2.00  
 add egg 1.20  
 add mushrooms 1.50

Mushrooms on toast 7.00

Greek yogurt, honey, granola, frozen berries 6.00

Big Tom bloody Mary 10.00

## Sandwiches, Salads & Snacks

**Sandwiches, served on locally baked bread, doorstep style, choice of white or granary:**

Ham hock & coleslaw 9.00  
 Smoked salmon, rocket, horseradish 9.50  
 Free range egg mayonnaise, watercress 8.50  
 Prawn, marie rose, baby gem 10.50  
 Coronation chicken 9.50  
 Fish finger, lettuce, tartar 9.50  
 Roast beef, rocket, horseradish 9.50  
 Crab & lemon mayonnaise, baby gem 10.50

**All our sandwiches are available as a salad bowl** add 3.00

**Ciabatta rolls with a side of skinny fries & house slaw:**

Brie & caramelised onion marmalade 11.00  
 add bacon 2.50  
 Tuna, sweetcorn & cheese 12.00  
 Ham hock & cheese 12.00  
 Meatball, tomato sauce & cheese 12.50

### Snack

Lunch plate: Pate, cheddar cheese, apple, pickled onion, onion chutney, white or granary bread 10.50  
 Hot sausage roll 3.00  
 Cornish style pasty, baked beans 4.50

add a mug of soup 2.50

## Starters & Small Plates

Homemade soup of the day, locally baked bread 6.00

Calamari, mustard tartar 10.50

Halloumi fries, sweet chilli 9.00

Smoked mackerel pate, toast 8.00

Chicken liver pate, onion marmalade, toast 8.00

Tempura battered prawns, sweet chilli 11.50

Fishcake, house salad, tzatziki 10.50

Tandoori chicken wings, tzatziki, mango chutney 6.00

## Sides & Nibbles

Skinny fries 4.00  
 add cheese 1.20

Fat chips 4.50  
 add cheese 1.20

House salad 6.00  
 Garlic bread 4.50  
 Garlic bread with cheese 6.00  
 Onion rings 5.00  
 Olives 3.50  
 Ciabatta, olives & oil 6.00  
 House slaw 2.50

## Main Plates

Ketch fried chicken (KFC), gravy, skinny fries 14.00  
 add house slaw 2.50

Lamb kofta kebabs, spiced pearl cous cous, flatbread, tzatziki 17.00

Beetroot & quinoa burger, guacamole, rocket, tomato salsa, chia bun, skinny fries 15.00  
 add onion rings 2.50  
 add cheese 1.20  
 gluten free vegan bun no problem

Ketch burger - 6oz Aberdeen Angus burger, onion marmalade, rocket, tomato salsa, Monterey Jack, chia bun, skinny fries 15.00  
 add another burger 4.00  
 add bacon 2.50  
 add onion rings 2.50  
 add mushrooms 1.50  
 add fried egg 1.20

Battered cod, fat chips, mushy peas, tartar 17.00

Dressed crab, salad, skinny fries, house slaw 19.50

Mussels, Thai coconut & coriander broth, skinny fries 17.00

## Sunday Carvery

Traditional Sunday roast, choice of two meats, Yorkshire pudding, pigs, stuffing, help yourself to unlimited vegetables, roast potatoes & gravy 16.00

Hot roast beef ciabatta, horseradish, dipping gravy, skinny fries 12.50  
 add pig in blanket 1.00

Hot roast pork ciabatta, apple sauce, dipping gravy, skinny fries 12.50  
 add pig in blanket 1.00

## Crew Pots

Please ask your server for details of today's crew pot. Something different every day 12.50

**The small print: If you have any allergies or intolerances please let a member of our team know the allergen(s) that affects you. We can then guide you through the menu. Our kitchen contains nuts.**

## Desserts

Lemon sorbet with Cava 7.00

Dark chocolate & cointreau pot 6.00

Bread & butter pudding, yellow custard 6.00

Sticky toffee pudding (Gluten Free) 6.00

Ice Cream Sundae; chocolate brownie, chocolate sauce, strawberries, strawberry sauce, nuts, cone, cadbury flake 8.00

Ice cream cone 3.20  
 with a Cadbury flake 3.50

Affogato; whippy vanilla ice cream, shot of espresso 6.00

Baileys & ice cream; whippy vanilla ice cream, shot of Baileys (50ml) 7.50

Quite simply cake & cream 4.50